

Gluten Free Menu

The Buell Street Bistro 27 Buell, Brockville, Ontario. 613-345-2623

Welcome! Please inform your server of any allergies.

Gluten Free Bread - with extra virgin olive oil and Balsamic vinegar \$4

Soup du Jour - please ask your server for today's freshly made selection \$8.50

Salads

Bistro Bouquet - artisan lettuce garnished with tomato, cucumber, peppers, carrots, radishes and a blueberry balsamic vinaigrette \$9/\$17

Caesar Salad - homemade dressing, bacon bits, Asiago \$10/ \$19

Mediterranean Beet Salad - Spicy pickled golden beets with tomatoes, peppers, cucumber, red onions, marinated feta and a citrus herb vinaigrette \$11/\$20

Add marinated chicken breast to any salad for an additional \$10
Add a sesame crusted salmon fillet \$14 or garlic tiger shrimp for \$13

Savory Cheesecake of the Day - Served with warm GF Bread and balsamic onion marmalade. Please ask about today's creation \$15

Classic Escargot - sautéed with parsley and garlic butter au gratin served with warm GF bread \$13

Extra sauce/dressing/aioli/ \$2 - Extra Cheese \$3

Do we have Gluten Free Desserts?
Yes indeed Make sure to save Room!

Entrees

Quinoa Power Bowl \$22

Seasoned ancient grain quinoa served chilled with chick peas, cucumber, avocado, scallions, peppers, tomatoes; sprinkled with fresh herbs and our power seed blend.

Add chicken breast \$10 / Add 5 garlic shrimp for \$13

Seafood Pasta \$32

Gluten Free pasta sautéed with tiger shrimp, sea scallop, salmon, zucchini, onions, mushrooms, peppers and a white wine cream sauce topped with Parmesan cheese (Vegetarian version available without seafood for \$22)

Indo Stir Fry \$30

A stir fry of basmati rice, chicken breast, black tiger shrimp, seasonal vegetables coconut milk and our signature house-made curry blend; topped with sesame seeds. Ask for it mild, medium or hot!

Seafood Thermidor \$32

Scallops and shrimp nestled on a fillet of Pacific snapper surrounded by thermidor sauce (red onions, mushrooms, white wine, cream and a touch of Dijon) topped with melted Swiss cheese. Served with basmati rice and fresh vegetables

Pesto Salmon \$31

Broiled fresh Atlantic Salmon fillet topped with almond-basil pesto served with basmati rice and fresh sauteed vegetables

Ontario Pork \$28

Orange marinated butterflied pork tenderloin grilled to medium well served with creamy garlic mashed potatoes, fresh vegetables and tangy peach chutney

Stuffed Chicken \$29

Oven cooked supreme of chicken with prosciutto and white cheddar stuffing served with roasted potatoes, fresh vegetables & a green apple coconut milk sauce

8 oz. New York Striploin \$36

Center cut AAA beef grilled to your specifications served with roasted potatoes Provencal, fresh vegetables and peppercorn sauce